

# Technical Requirements

## For Online NSCA Courses

- **PC Computer**

- ◇ **Hardware (minimum configuration)**

- \* Pentium 1 GHz or faster
    - \* 128 Megs RAM
    - \* Modem (56K) or high-speed Internet connection
    - \* Sound card w/speakers

- ◇ **Software (recommended minimum)**

- \* Windows 98, 2000, NT, XP, Vista or System 7
    - \* Internet Explorer 7 or higher
    - \* Adobe Acrobat Reader 6 or higher
    - \* Windows Media Player 9 or higher
    - \* JAVA Desktop Environment

- **Mac Computer**

- ◇ Although most items should work fine with a Mac, videos and presentations have not been completely tested.

- **Internet Access**

- ◇ Minimum of 56Kbps dial-up
  - ◇ Recommended ISDN, DSL or cable modem (or higher speed access)